

COM41A

For **IMMEDIATE** release

Châteauguay Participates in Joint Efforts to Improve Ragweed Control

Châteauguay, June 26, 2019 – The Ville de Châteauguay is proud to join the movement of the 13th provincial ragweed campaign that runs until September 15. Started by the Association pulmonaire du Québec to improve the health of Quebecers suffering from seasonal allergies, the campaign is intended to raise residents' awareness about the consequences of this allergen.

One of the concrete manifestations of climate change is the spreading of allergenic plants, of which the main one is ragweed. Through this awareness and prevention campaign, Châteauguay wants to be part of controlling this weed that harms one person out of eight by helping to decrease the quantities of pollen produced up to nine times.

Recognize ragweed

How can we eradicate this unpleasant weed? As it is very clearly indicated on the website of the [Association pulmonaire du Québec](#), the simplest way is still to pull it out by the roots. It is best to do this **in June or July at the latest**, before it flowers. It is possible to reduce the proliferation of this weed. You only have to:

- Uproot the weed before its pollination period (late July, early August);
- Raise awareness among those around you;
- Cover the ground with inert materials such as mulch or wood chips;
- Plant a competitive ground cover: Plant resistant seeds to create vegetation competition for ragweed (clover, grass, etc.);
- Regularly maintain your lawn. Mowing your lawn evenly—mainly at the edges of the property—and making sure that you plant in or cover bare corners are some ways of preventing the appearance of this weed.

The City undertakes to mow vacant and public lots at least twice a year and to distribute documentation on the awareness-raising campaign to residents from municipal buildings over the next few days.

The City encourages all residents to join the movement by properly identifying this plant, pulling it out and throwing it away. You can throw away weeds that you have uprooted or cut in your garbage. It is not recommended to put them in compost, because ragweed seeds can contaminate it ([Government of Quebec](#)).

You can find more information on our [website](#) or directly on the [Association pulmonaire du Québec](#) website. Together, we can contribute to limiting the presence of ragweed in our region and make a difference in the lives of thousands of people who have allergies and suffer from respiratory illness. Every action counts!

- 30 -